



## Little Dreamer's Daily Schedule

<b>6:00AM -7:00AM</b>	<b>Arrival / Welcome Parents</b>	<b>5:30PM – 6:00PM</b>	<b>Tummy Time</b>
<b>7:00AM- 8:00AM</b>	<b>Breakfast / Morning Activities</b>	<b>6:00PM – 6:30PM</b>	<b>Prepare for Parent Pick-up</b>
<b>8:00AM - 8:30AM</b>	<b>Tummy Time</b>		
<b>8:30AM – 9:00 AM</b>	<b>Baby Sign Language / Language Cognitive</b>		
<b>9:00AM- 9:30AM</b>	<b>Sensory / Exploration Activities</b>	<b>*Weather Permitting, otherwise see alternative activity listed</b>	
<b>9:30AM – 10:00AM</b>	<b>*Outside / Music and Movement</b>		
<b>10:00AM - 11:00AM</b>	<b>Fine Motor / Art Activities</b>		
<b>11:00AM -11:30AM</b>	<b>Lunch</b>		
<b>11:30AM – 12:30PM</b>	<b>Story Time / Social Emotional</b>		
<b>12:30PM - 2:30PM</b>	<b>Nap Time / Quiet Time</b>		
<b>2:30PM – 3:00PM</b>	<b>*Outside / Gross Motor Activities</b>		
<b>3:00PM – 3:30PM</b>	<b>Snack</b>		
<b>3:30PM -4:00PM</b>	<b>Sensory / Exploration Activities</b>		
<b>4:00PM – 4:30PM</b>	<b>Music and Movement</b>		
<b>4:30PM – 5:00PM</b>	<b>Story Time</b>		
<b>5:00PM - 5:30PM</b>	<b>Gross Motor Activities</b>		