

January Menu 2020



HAPPY NEW YEAR

A.M. Snack 07:00 am to 08:00 am

Monday - Waffles w/applesauce

Tuesday - Toast w/jelly

Wednesday - Cereal w/bananas

Thursday - Bagel w/ cream cheese

Friday - French toast w/blueberries

Served with Milk and Water

P.M. Snack 02:30 pm to 03:00 pm

Monday - Ritz crackers w/cheese strings

Tuesday - Pudding w/nilla wafers

Wednesday - Nutrigrain bars w/oranges

Thursday - Veggie straws w/jello

Friday - Mix cookies w/bananas

Served with Apple Juice and Water

Monday	Tuesday	Wednesday	Thursday	Friday
30 Chicken alfredo, french bread, green beans & pineapple.	31 Meatballs w/tomato sauce, white rice, carrots & pears.	1 CLOSED	2 Mini pancakes, turkey bacon, mixed veggies & peaches.	3 Cheese pizza, salad w/ranch & fruit cocktail.
6 Chicken Alfredo, Corn & Peaches	7 Fish Sticks, Mashed Potatoes, Broccoli & Oranges	8 Hamburger Pizza, Salad w/ranch & Apple Slices	9 Meatballs Subs w/cheese, Mix Veggies & Pears	10 Turkey Dog w/mac & cheese, Green Beans & Apple Sauce
13 Pancakes, Turkey Bacon, Corn & Pears	14 Beef Taquitos, Carrots & Fruit Cocktail	15 Chicken Nuggets, Green Beans & Pineapple	16 Spaghetti with Meatballs, Mixed Veggies & Peaches	17 Grilled Turkey Cheese Sandwich & Oranges
20 Chicken Alfredo, French Bread, Green Beans & Pineapple	21 Turkey and Cheese Quesadilla, Broccoli & Fruit Cocktail	22 BBQ Bites, Mashed Potatoes, Mixed Veggies & Peaches	23 Hamburger Pizza, Salad w/ranch & Apple Slices	24 Turkey Dog w/mac & cheese, Corn & Apple Sauce
27 Fish Sticks, French Fries, Carrots & Oranges	28 Spaghetti with Meatballs, Mixed Veggies & Peaches	29 Grilled Turkey and Cheese Sandwich, Green Beans & Fruit Cocktail	30 Lasagna Pasta, French Bread, Salad w/ranch & Pineapple	31 Chicken Nuggets, Mashed Potatoes, Corn & Pears

Served with Milk and Water