

# October Menu 2020



**A.M. Snack 07:00 am to 08:00 am**

- Mon - Bagel w/cream cheese
- Tue - French toast w/applesauce
- Wed - Cereal w/bananas
- Thu - Waffles w/strawberries
- Fri - Cereal w/blueberries

\*\*\*Served with Milk and Water\*\*\*

**P.M. Snack 02:30 pm to 03:00 pm**

- Mon - Animal crackers w/applesauce
- Tue- Chex mix w/oranges
- Wed - Saltines w/ turkey & cheese
- Thu - Graham crackers w/bananas
- Fri - Goldfish crackers w/yogurt

\*\*\*Served with Apple Juice and Water\*\*\*

	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
Soft beef taco w/cheese, carrots & fruit cocktail.	Chicken alfredo, french bread, mixed veggies & peaches.	Fish sticks, mashed potatoes, green beans & apples.	Toasted turkey wrap, broccoli & pears.	Meatballs w/tomato sauce, french fries, mixed veggies & pineapple.
5	6	7	8	9
Mini pancakes, turkey bacon & fruit cocktail.	Bean & cheese quesadilla, corn & pineapple.	Spaghetti meatballs, broccoli & apples.	Chicken nuggets, mashed potatoes & peaches.	Hamburger pizza, mixed veggies & pears.
12	13	14	15	16
Soft Chicken taco w/cheese, carrots & fruit cocktail.	Hot dog, salad w/ranch & peaches.	Meatballs w/tomato sauce, tater tots, mixed veggies & pineapple.	Toasted turkey wrap, broccoli & pears.	Fish sticks, mashed potatoes, green beans & apples.
19	20	21	22	23
Biscuits w/jelly, turkey bacon & fruit cocktail.	Soft beef taco w/cheese, carrots & pineapple.	Chicken alfredo, french bread, green beans & peaches.	BBQ bites, mashed potatoes & pears.	Spaghetti meatballs, broccoli & apples.
26	27	28	29	30
Chicken nuggets, mashed potatoes & peaches.	Bean & cheese quesadilla, corn & pears.	Grilled cheese, mixed veggies & pineapple.	Mini pancakes, turkey bacon & apples.	Cheese pizza, salad w/ranch & fruit cocktail.
<b>***Lunches served with Milk and Water***</b>				